

13th UK Stroke Forum Conference

Tuesday 4 – Thursday 6 December 2018
The International Centre, Telford

Preliminary Programme as of 26.09.18

(The UKSF reserves the right to amend speakers and content within this preliminary programme)

Training Day – Tuesday 4 December

10:00 – 17:00

Registration open

Refreshments served from 10:00 in the Exhibition Hall – Hall 1
Lunch served at 11:30-12:30 in the Exhibition Hall – Hall 1

10:00 – 18:00

Exhibition open

10:00 – 12:15
Ludlow 1

National Stroke CLAHRC Meeting (*invitation only*)

Chair: Dr Rebecca Fisher (*Senior Lecturer, University of Nottingham*)

11:00 – 12:00
Coalport

PRECIOUS Trial Meeting

Chair: TBC

11:00 – 12:00
Newport

National Stroke Nursing Forum AGM

Chair: Dr Liz Lightbody (*Chair of National Stroke Nursing Forum, Reader in Health Services Research, University of Central Lancashire*)

Training Stream 1

12:30 – 14:30
Ironbridge Suite

British Association of Stroke Physicians Training (Part 1)

Chairs: Dr Declan O’Kane (*BASP Education and Training Committee Chair, Stroke Physician, Brighton*) and Professor Thompson Robinson (*President of British Association of Stroke Physicians, Head of Department of Cardiovascular Sciences and Professor of Stroke Medicine, University of Leicester*)

12:30 – 12:35

Welcome and Introductions

12:35 - 13:35

Interesting cases with expert panel discussion

Dr Mingzhan Lim (*Stroke /Acute Medicine Trainee, Brighton*)
 Dr Karen Adams (*Specialty Doctor, Belfast*)
 Dr Iain McGurgan (*Neurology Trainee, University of Oxford*)

13:35 – 14:30

Evidence-based update (2018) for stroke physicians
Review of Important Stroke Trials 2018

Dr Ajay Bhalla (*Stroke Physicia, Guy's and St Thomas' NHS Foundation Trust*)

14:30 – 15:00

EXHIBITION & REFRESHMENTS – Hall 1

15:00 – 17:00
Ironbridge Suite

British Association of Stroke Physicians Training (Part 2)

Chairs: Dr Declan O’Kane (*BASP Education and Training Committee Chair, Stroke Physician, Brighton*) and Professor Thompson Robinson (*President of British Association of Stroke Physicians, Head of Department of Cardiovascular Sciences and Professor of Stroke Medicine, University of Leicester*)

15:00 – 15:10

Welcome and Introductions

15:10 – 15:40

Invited Lecture: The Dublin Thrombectomy Model

Dr Barry Moynihan (*Consultant Stroke Physician, Department of Geriatric and Stroke Medicine, Beaumont Hospital, Dublin, Ireland*)

15:40 – 16:10

Invited lecture: Cerebral Venous (Sinus) Thrombosis

Dr Martin Punter (*Consultant Neurologist, Greater Manchester Neurosciences Centre, Salford Royal NHS Foundation Trust*)

16:10 – 16:40

Invited lecture: BASP Perspectives - The next 20 years

Professor Thompson Robinson (*President of British Association of Stroke Physicians, Head of Department of Cardiovascular Sciences and Professor of Stroke Medicine, University of Leicester*)

16:40 – 17:00

Question and Answers

Training Stream 2

12:30 – 14:30
Wenlock Suite

Stroke Research Training Stream (Part 1) – Pre Booking Required

Chair: Dr Kate Holmes (*Assistant Director of Research, Stroke Association*)

14:30 – 15:00

EXHIBITION & REFRESHMENTS - Hall 1

15:00 – 17:00
Wenlock Suite

Stroke Research Training Stream (Part 2) – Pre Booking Required

Chair: Dr Kate Holmes (*Assistant Director of Research, Stroke Association*)

Aims

The Stroke Research Training Day is an excellent networking event and development opportunity. It is aimed at those who want to get involved in research for the first time as well as those who have already started in a research career.

Researchers at all career levels are welcome; we aim to provide engaging sessions and activities that are useful for all. However, this year we have split the afternoon into two distinct sessions. The 12.30-14.30 session is tailored for those interested in becoming involved for the first time and/or applying for some PhD funding (Earliest careers). The session at 15:00 to 17:00 is a session tailored for those who have begun a stroke research career, but are still at the early stages, perhaps still studying their PhD or at the beginning of a Postdoctoral fellowship (Early careers).

The Stroke Association's Lecturers, Senior Lecturers and Readers will facilitate discussions. Our aim is to provide a friendly, fun and supportive environment which will allow you to: have an opportunity to discuss your research ideas with experts, hear some tips on how to do good posters, funding applications and publications, get advice on engaging stroke survivors in research and learn about clinical trial development.

Delegates can choose to attend four workshops in total (one workshop from each set) Please note some workshops are repeated. These workshops feature practical activities to help you to support stroke survivors.

Spaces on these workshops are limited due to the nature of the sessions, therefore delegates are asked to arrive 5 – 10 minutes before the workshop begins and form a queue, spaces will be allocated on a first-come-first-served basis.

Please see the nursing/rehabilitation workshop timetable for a full schedule

A refreshment break is scheduled from 14:30 – 15:00 in Exhibition Hall – Hall 1

12:30 – 13:25
Ludlow 1

Repeated
13:35 – 14:30

Psychological Support: Hints and Tips

Chair: Dr Shirley Thomas (*Lecturer in Rehabilitation Psychology, University of Nottingham*)

Speakers: Dr Shirley Thomas (*Lecturer in Rehabilitation Psychology, University of Nottingham*)

Dr Liz Lightbody (*Reader in Health Services Research, University of Central Lancashire*)

Session Overview

The session aims to provide practical hints and tips relevant to all members of the multidisciplinary team to –

- Overview of psychological difficulties after stroke;
- Starting conversations and keeping conversations going;
- General counselling techniques;
- Behavioural activation approaches for low mood;
- Supporting people with aphasia

12:30 – 13:25
Ludlow 2

Repeated
13:35 – 14:30

Incorporating and/or strengthening eye services in the stroke team

Chairs: Dr Lauren Hepworth (*Research Orthoptist, University of Liverpool*) and Lizzie Printer (*Stroke Survivor, UK Stroke Forum Service User Representative*)

Speakers: Dr Andrew Hill (*Consultant Stroke Physician, Whiston Hospital St Helens and Knowsley Teaching Hospitals NHS Trust*)

Jamie Spofforth (*Orthoptist, Imperial College Healthcare NHS Trust*)

Session Overview

Currently in the UK, vision services provided to stroke survivors varies considerably. Two clinicians will present their stories on the development and strengthening of vision services in stroke care; from a stroke unit and an orthoptic department point of view. The aim of this workshop is to discuss the essential and desirable criteria of vision services within stroke care and how these can be encouraged and achieved, the resources required and how barriers can be overcome.

12:30 – 13:25
Ludlow 3

Repeated
13:35 – 14:30

Early physiological changes and actions

Chair: Paula Beech (*Stroke Nurse Consultant, Salford Royal NHS Foundation Trust Salford Care Organisation, Part of the Northern Care Alliance NHS Group*)

Speakers: Cath Curley (*Nurse Consultant / Stroke Clinical Lead, East Lancashire Healthcare NHS Trust*)
Clare Gordon (*Consultant Nurse & NIHR Clinical Academic Fellow, Royal Bournemouth & Christchurch Hospitals NHS Foundation Trust*)

Session Overview

This training session will be an interactive workshop covering three aspects of acute stroke care: Early ischaemic changes; Thrombectomy; and Intracerebral haemorrhage. It will cover the pathophysiology and current evidence informing the management of these three aspects of acute stroke care. Case study discussion will enable attendees to explore the implications for their own nursing practice, and share best practice with other attendees.

12:30 – 13:25
Newport

Repeated
13:35 – 14:30

Cognitive rehabilitation for everyone – embedding enhanced learning techniques into your practice

Chair: Dr Charlie Chung (*Rehabilitation Manager, Fife Health and Social Care Partnership*)

Speakers: Dr Viki Teggart (*Clinical Neuropsychologist, Greater Manchester Mental Health NHS Foundation Trust*)
Dr Natalie Arran (*Clinical Psychologist, Salford Royal Foundation Trust*)

Session Overview

Cognitive deficits can impact upon a person's ability to learn new skills and information, which can reduce the effectiveness of rehabilitation strategies. This session will consider how enhanced learning techniques can be incorporated into all aspects of stroke rehabilitation to support people with cognitive deficits in learning or re-learning skills after a stroke. Worked examples of adapted interventions will be provided and participants will be encouraged to apply enhanced learning strategies to their own area of work.

12:30 – 13:25
Coalport

Repeated
13:35 – 14:30

How to optimise aphasia recovery through self-help and peer support initiatives

Chair: Professor Marian Brady (*Professor of Stroke Care & Rehabilitation, Nursing, Midwifery and Allied Health Professions Research Unit, Glasgow Caledonian University*)

Speakers: Melanie Derbyshire (*Assistant Director – Aphasia, Stroke Association*)
Gill Pearl (*Speech and Language Therapist, CEO Speakeasy Bury*)
Patricia Sweetingham (*Stroke Survivor, Basingstoke Stroke Support*)

Session Overview

- Explore the role of health professionals in enabling and encouraging people with aphasia to access opportunities for self-help and peer support;
 - Learn about both models and the respective benefits for people with Aphasia;
 - Understand the experience from the perspective of someone with Aphasia;
 - Join our round-table discussions about the necessary transition from 'health care' to 'peer support' and how health professionals can help to make this transition intuitively natural and beneficial.
-

12:40 – 14:30
Atcham Suite

How can we increase patient's uptake of rehab? The environment?

Chairs: Dr Ulrike Hammerbeck (*Research Physiotherapist, University of Manchester*) and Shani Shamah (*Stroke survivor*)

Enriched environments: Why are they important?

Dr Heidi Janssen (*NSW Health Early to Mid-Career Research Fellow and Physiotherapist, Community Stroke Team, Community and Aged Care Services, Hunter New England Health, NSW, Hunter Medical Research Institute, New Lambton NSW, Australia*)

Why are people so inactive after stroke and how can this be changed?

Increasing activity after stroke: a co-design approach

Dr David Clarke (*Associate Professor in Stroke Care, Academic Unit of Elderly Care and Rehabilitation, Leeds Institute of Health Sciences, University of Leeds*) and Dr Karolina Gombert (*Research Associate, Centre for Health and Social Care Research, Kingston University London*)

Building the clinical evidence for use of enriched environment after stroke

Dr Heidi Janssen (*NSW Health Early to Mid-Career Research Fellow and Physiotherapist, Community Stroke Team, Community and Aged Care Services, Hunter New England Health, NSW, Hunter Medical Research Institute, New Lambton NSW, Australia*)

How can we change practice?

Dr Louise Connell (*Reader in Rehabilitation, University of Central Lancashire*)

Session Overview

Animal studies have demonstrated that providing a stimulating environment enhances both activity and recovery after a stroke. Recent work in Australia and the UK has translated these findings into studies in stroke units to decrease stroke survivors' inactivity. This interactive session will provide you with information of the theory behind enriched environments, results from innovative studies designing and testing how to change the environment and ideas for changing your own practice.

Panel Q&A

14:30 – 15:00

EXHIBITION & REFRESHMENTS - Hall 1

15:00 – 15:55
Ludlow 1

How to do a great six month review of stroke survivors' unmet needs

Chair: Professor Audrey Bowen (*Stroke Association /John Marshall Memorial Professor of Neuropsychological Rehabilitation, University of Manchester*)

Repeated
16:05 – 17:00

Speakers: Dr Emma Patchwood (*Research Associate for GM-CLAHRC Stroke Programme*)

Professor Audrey Bowen (*Stroke Association /John Marshall Memorial Professor of Neuropsychological Rehabilitation, University of Manchester*)

Session Overview

Conducting a useful and positive six month review takes skills and resources. This workshop will help equip you with those. We will discuss principles of a good review and practical tips. Attendees will have 'first look' at new versions of the modified Greater Manchester Stroke Assessment Tool (mGM-SAT). mGM-SAT resources have been updated to support a comprehensive review and help professionals focus on the actions and outcomes that are most important to service users.

15:00 – 15:55
Ludlow 2

Finding true LVO (large vessel occlusion)

Chair: Dr Christopher Price (*Clinical Reader in Stroke Medicine, Newcastle University*)

Repeated
16:05 – 17:00

Early identification of patients for thrombectomy

Dr Christopher Price (*Clinical Reader in Stroke Medicine, Newcastle University*)

The ABC of CTA

Dr Mat Elameer (*Academic Clinical Fellow (Radiology), Newcastle University*)

Interactive clinical cases

Dr Mark Garside (*Consultant in Stroke Medicine, Northumbria Healthcare NHS Foundation Trust*)

Session Overview

A good outcome after thrombectomy is more likely when patients are treated early. This requires early identification of individuals with clinical features suggestive of large vessel occlusion, but due to the centralised provision of thrombectomy, it is also important to minimise over diagnosis. Clinical screening must be combined with radiological appearances confirming large vessel occlusion and anatomy, which is suitable for thrombectomy. This session will provide an overview for an audience with limited or no experience about approaches to the clinical and radiological identification of patients with large vessel occlusion, illustrated by interactive cases.

15:00 – 15:55
Ludlow 3

Assessing mental capacity

Chair: Dr Nele Demeyere (*Associate Professor of Experimental Psychology*)

Repeated
16:05 – 17:00

Speakers: Dr Terry Quinn (*Stroke Association / CSO Senior Clinical Lecturer, Institute of Cardiovascular and Medical Sciences, University of Glasgow*)
Anna Volkmer (*Senior Research Fellow, University College London*)

Session Overview

The session aims to provide the multidisciplinary team with a greater understanding of decision making and mental capacity assessments. To provide practical tips on about how to assess capacity in patients with communication difficulties. The objectives are:

- To understand what a mental capacity assessment is and why it is important
 - To have a greater understanding of the communication challenges brain injury patients may have and how to overcome them.
 - Experience in implementing the practicalities of a mental capacity assessment
-

15:00 – 15:55
Newport

Rehabilitation of bladder function following stroke

Chair: Professor Marian Brady (*Professor of Stroke Care & Rehabilitation, Nursing, Midwifery and Allied Health Professions Research Unit, Glasgow Caledonian University*)

Repeated
16:05 – 17:00

Speakers: Professor Joanne Booth (*Professor of Rehabilitation Nursing, Glasgow Caledonian University*)

Dr Lois Thomas (*Reader in Health Services Research, University of Central Lancashire*)

Session Overview

This workshop will identify types and causes of bladder dysfunction following stroke. The features of a comprehensive continence assessment will be explored and how the process can be used to accurately identify specific bladder problems

commonly experienced. Approaches to effective continence promotion following stroke, by actively treating acute bladder dysfunction using both established and novel interventions, in line with current clinical guidelines, are presented. Important gaps in our evidence for practice will be highlighted for future research consideration.

15:00 – 15:55
Coalport

Skills for supporting self-management: a brave new world!

Chair: Dr Lisa Kidd (*Reader, University of Glasgow*)

Repeated
16:05 – 17:00

Speakers: Anne Armstrong (*Young Stroke Worker, NHS Lanarkshire*)
Professor Fiona Jones (*Professor of Rehabilitation Research Allied Health, Midwifery and Social Care St Georges' University of London*)

Session Overview

Supporting person-centred self-management involves a cultural shift in the relationships that we have with stroke survivors and their families; listening to what matters to, and working collaboratively with, stroke survivors and families to help them self-manage in a way that makes sense to them. This workshop encourages practitioners to consider best practice and to reflect on real world experiences and challenges in integrating the principles of a shared approach to self-management into their practice/clinical teams.

15:10 – 17:00
Atcham Suite

Activities post stroke

Chair: Professor Dame Caroline Watkins (*Chair Elect of UK Stroke Forum, Professor of Stroke and Older People's Care, University of Central Lancashire*)

15:10 – 15:15

Welcome and introductions

15:15 – 15:30

Keep on pedalling!

Robin Cant (*Stroke Survivor*)

15:30 – 15:50

Physiological benefits of physical activity

Dr David Saunders (*Lecturer, University of Edinburgh*)

15:50 – 16:10

Exercise and depression

Dr Liz Lightbody (*Chair of National Stroke Nursing Forum, Reader in Health Services Research, University of Central Lancashire*)

16:10 – 16:25

STROLLERS – interim findings

Naoimh McManhon (*Research Physiotherapist, University of Central Lancashire*)

16:25 – 16:40

Getting back to golf

Dr John Fry (*Lead Researcher & Lecturer at the Centre for Research in Sports Performance, Myerscough College*)

16:40 – 16:45

Range of different activities after stroke (Stroke Association Video)

16:45 – 17:00

Question and Answers

17:00 – 17:40
Coalport

Reducing sedentary behaviour after stroke. Introduction to the RECREATE trial

Chair: Professor Anne Forster (*Professor of Stroke Rehabilitation, University of Leeds*)

17:00 – 18:00
Exhibition Hall

Welcome Drinks Reception – Hall 1

Network with colleagues over welcome drinks and canapés and be part of the interactive activities demonstrated by local stroke survivors.

17:15 – 18:30
Atcham Suite

FOCUS Trial Collaboration Meeting (*invitation only*)

Chairs: Professor Martin Dennis (*Professor of Stroke Medicine & Consultant Stroke Physician, Edinburgh University*)

Professor Gillian Mead (*Professor of Stroke and Elderly Care Medicine, University of Edinburgh*)

Main Conference Day 1 – Wednesday 5 December

08:00 – 18:00

Registration and Exhibition open

Registration is open from **08:00** in the Entrance Foyer

Refreshments served from **08:00** in the Exhibition Hall - Hall 1

Breakfast Sessions

08:10 – 08:50
Ironbridge Suite

Satellite Symposium: Bayer

Chairs: Dr David Hargroves (*Consultant Physician and Clinical Lead for Stroke Medicine, East Kent Hospital University NHS Foundation Trust*)

Professor Philip Kalra (*Consultant Nephrologist, Salford Royal NHS Foundation Trust*)

08:00 – 08:50
Ludlow 1 & 2

BASP – Trainee Abstract Presentations

Chair: Professor Nikola Sprigg (*Professor of Stroke Medicine, Faculty of Medicine and Health Sciences, University of Nottingham*)

08:00 – 08:05

Welcome and introductions

08:05 – 08:20

Platelet receptor glycoprotein VI-dimer is overexpressed in ischaemic but not haemorrhagic stroke; a promising future anti-thrombotic target?

Dr Isuru Induruwa (*Clinical Research Fellow, Department of Clinical Neurosciences, University of Cambridge*)

08:20 – 08:35

Time varying cerebral autoregulation in response to gradual transition in head positioning – experiences in acute ischaemic stroke and healthy controls

Dr Man Yee Lam (*Department of Cardiovascular Sciences, University of Leicester*)

08:35 – 08:50

The association of imaging markers of small vessel disease and ‘brain frailty’ with clinical outcome following acute stroke

Dr Jason Appleton (*Clinical Research Fellow in Stroke Medicine, Stroke Trials Unit, Division of Clinical Neuroscience, University of Nottingham*)

Plenary 1

09:00 – 10:30
Ironbridge Suite

Stroke – learning from the present and looking to the future

Chairs: Professor Peter Langhorne (*Chair of UK Stroke Forum, Professor of Stroke Care, University of Glasgow*) and Juliet Bouverie (*CEO, Stroke Association*)

09:00 – 09:10

Welcome from the UK Stroke Forum Chair

Professor Peter Langhorne (*Chair of UK Stroke Forum, Professor of Stroke Care, University of Glasgow*)

09:10 – 09:20

Evidence from experience

Abi Woodman (*Stroke Survivor, Wales*) and Juliet Bouverie (*CEO, Stroke Association*)

09:20 – 09:35

Reflections on re-organising the Stroke pathway; giving the view from Northern Ireland and linking it with learning for and from the rest of the UK

Dr Brid Farrell (*Assistant Director of Service Development, Safety and Quality, Public Health Agency, Northern Ireland*)

09:35 – 09:45

Results of Rapid Intervention with Glyceryl trinitrate in Hypertensive stroke Trial RIGHT2

Professor Philip Bath (*Professor of Stroke Medicine and Head of Division of Clinical Neuroscience, University of Nottingham*)

09:45 – 09:55

Does a six month course of Fluoxetine improve recovery after stroke? Results of the Fluoxetine Or Control Under Supervision (FOCUS) trial.

Professor Martin Dennis (*Professor of Stroke Medicine & Consultant Stroke Physician, Edinburgh University*)

09:55 – 10:00

Reflection from a Scottish stroke survivor participant in the trial

10:00 – 10:20

Looking ahead for stroke: a national perspective

Professor Steve Powis (*Medical Director NHS England and Co-Chair for the National Stroke Plan*)

10:20 – 10:30

Questions and answers

10:30 – 11:45

REFRESHMENTS & EXHIBITION - Hall 1

10:45 – 11:35

POSTER TOURS

11:15 – 11:30

SOAPBOX SCIENCE – Bayer

10:50 – 11:40
Ludlow 1 & 2

Reducing Risk of Recurrence: stroke secondary prevention behavioural / lifestyle interventions

Chair: Dr Maggie Lawrence (*Reader in Stroke Prevention, Glasgow Caledonian University*)

10:50 – 11:40
Ludlow 3

SoSTART / RESTART and TRIDENT Collaborators Meeting

Chair: TBC

10:50 – 11:40
Atcham Suite

Collaboration in Global Stroke Research

Chair: Dr Liz Lightbody (*Reader in Health Service Research, University of Central Lancashire*)

10:50 – 11:40
Wenlock Suite

Rates, Risks and Routes to Reduce Vascular Dementia Steering Committee meeting

Chair: Professor Gary Ford (*Consultant Stroke Physician, OUH NHS FT and Chief Executive Officer, Oxford AHSN*)

Parallel Sessions 1

11:45 – 13:00
Ironbridge Suite

Parallel Session 1A
Mood and recovery

Chair: Professor Maree Hackett (*Professor of Epidemiology, UCLAN Acting Director, Neurological & Mental Health Division, The George Institute for Global Health, UNSW, The George Institute for Global Health*)

11:45 – 11:50

Welcome and introductions

11:50 – 12:10

The role of Selective serotonin reuptake inhibitors in the prevention and management of mood disorders after stroke

Professor Gillian Mead (*Professor of Stroke and Elderly Care Medicine, University of Edinburgh*)

12:10 – 12:30

Impact of mindful music listening, on cognitive recovery and mood: the MELLO pilot feasibility randomised controlled trial

Dr Satu Baylan (*Research Associate, Mental Health & Wellbeing, University of Glasgow*)

12:30 – 12:50

Brief Group-Based Acceptance and Commitment Therapy (ACT) for Stroke Survivors (ACTivate Your Life after Stroke)

Professor Reg Morris (*Clinical Psychologist, Cardiff University/Cardiff & Vale UHB*)

12:50 – 13:00

Questions and answers

11:45 – 13:00
Ludlow 1 & 2

Parallel Session 1B
LVO at first sight

Chair: Dr Christopher Price (*Clinical Reader in Stroke Medicine, Newcastle University*)

11:45 – 11:50

Welcome and introductions

11:50 – 12:10

To drip or ship: a UK perspective

Professor Gary Ford (*Consultant Stroke Physician, OUH NHS FT and Chief Executive Officer, Oxford AHSN*)

12:10 – 12:30

Pre-hospital identification of LVO

Dr Natalia Pérez de la Ossa Herrero (*Neurologist, Stroke Unit, Germans Trias i Pujol Hospital, Spain*)

12:30 – 12:50

Reperfusion therapies today and tomorrow

Professor Keith Muir (*SINAPSE Professor of Clinical Imaging & Consultant Neurologist, University of Glasgow*)

12:50 – 13:00

Questions and answers

11:45 – 13:00 Ludlow 3	<p>Parallel Session 1C The severely affected upper limb: complications and clinical solutions</p> <p>Chair: Dr Jacqui Morris (<i>Senior Lecturer, Nursing, Midwifery and Allied Health Professions Research Unit, Glasgow Caledonian University</i>)</p>
11:45 – 11:50	Welcome and introductions
11:50 – 12:10	<p>The profoundly affected arm: the longitudinal profile and predicting difficulty providing care</p> <p>Dr Rhoda Allison (<i>Consultant Therapist in Stroke, Torbay & South Devon NHS Foundation Trust</i>)</p>
12:10 – 12:30	<p>Central Post-Stroke Pain Syndrome: Aetiology, Diagnosis, and Treatment</p> <p>Dr Paul Cameron (<i>National Lead Clinician, Scottish Government / NHS Fife</i>)</p>
12:30 – 12:50	<p>National spasticity guidelines: Management using botulinum toxin</p> <p>Dr Stephen Ashford (<i>London North West University Healthcare NHS Trust & King's College London</i>)</p>
12:50 – 13:00	Questions and answers

11:45 – 13:00 Atcham Suite	<p>Parallel Session 1D We all need to talk about primary care</p> <p>Chair: Hannah Waterhouse (<i>Education Lead, Education for Health</i>)</p>
11:45 – 11:50	Welcome and introductions
11:50 – 12:10	<p>How can we address the long term needs of people with stroke and their carers in the community?</p> <p>Professor Jonathan Mant (<i>Professor of Primary Care Research/Head of Unit Primary Care Unit, University of Cambridge</i>)</p>
12:10 – 12:30	<p>Optimising healthcare for stroke survivors – barriers and facilitators to providing healthcare that minimises treatment burden</p> <p>Dr Katie Gallacher (<i>General Practice and Primary Care, University of Glasgow</i>)</p>
12:30 – 12:50	<p>Self-monitoring of blood pressure –the future for hypertension management?</p> <p>Dr Richard McManus (<i>Professor of Primary Care Research, University of Oxford</i>)</p>
12:50 – 13:00	Questions and answers

13:00 – 14:15 **LUNCH & EXHIBITION – Hall 1**

13:30 – 13:45 **SOAPBOX SCIENCE – Bayer**



13:30 – 14:10 **Rates, Risks and Routes to Reduce Vascular Dementia TSA/BHF/Alz Soc ACTVaD study meeting**

Ludlow 1 & 2

Chair: TBC

13:30 – 14:10
Ludlow 3

The hidden psychological aspects of stroke

Chairs: Professor Avril Drummond (*Occupational Therapist and Professor of Healthcare Research, University of Nottingham*) and Liz Topliss (*Stroke Carer, UK Stroke Forum Service User Representative*)

Speaker: Dr Shirley Thomas (*Lecturer in Rehabilitation Psychology, University of Nottingham*)

13:30 – 14:10
Atcham Suite

The Lancashire Clinical Trials Unit Meeting

Chair: TBC

13:30 – 17:15
Wenlock Suite

Training Stream

Primary Care Workshop - Long Term Care PRE-BOOKING REQUIRED

Chair: Dr Katie Gallacher (*General Practice and Primary Care, University of Glasgow*)

Polypharmacy and deprescribing

Professor Jesse Dawson (*Professor of Stroke Medicine, University of Glasgow*)

Assessing mental capacity in people with communication problems

Dr Nele Demeyere (*Associate Professor, University of Oxford*) and Charlotte Emmett (*Senior Lecturer in Law, University of Northumbria*)

Frailty in stroke

Dr Nicholas Evans (*Specialist Registrar in Stroke Medicine, University of Cambridge*)

End of life care in stroke

Professor Gillian Mead (*Professor of Stroke and Elderly Care Medicine, University of Edinburgh*)

Parallel Sessions 2

14:15 – 15:30
Ironbridge Suite

Parallel Session 2A

Debate session - Current therapy is a waste of time

Chair: Professor Jon Marsden (*Professorship and Chair in Rehabilitation School of Health Professions, Faculty of Health and Human Sciences, Plymouth University*)

Proposer:

Professor Nick Ward (*Professor of Clinical Neurology and Neurorehabilitation, University College London*)

Professor Avril Drummond (*Occupational Therapist and Professor of Healthcare Research, University of Nottingham*)

Opposer:

Professor Gert Kwakkel (*Professor of Neurorehabilitation, Amsterdam University Medical Centre*)

Professor Jane Marshall (*Professor of Language and Communication Science, City, University of London*)

Questions and answers

14:15 – 15:30 Ludlow 1 & 2	<p>Parallel Session 2B The clot thickens: frontiers in the use of oral anticoagulants in clinical practice</p> <p>Chair: Professor Nikola Sprigg (<i>Professor of Stroke Medicine, Faculty of Medicine and Health Sciences, University of Nottingham</i>)</p>
14:15 – 14:20	Welcome and introductions
14:20 – 14:40	<p>Embolitic stroke of undetermined source: what is it and can it help in stroke prevention?</p> <p>Professor Martin O'Donnell (<i>Professor of Translational Medicine at NUI Galway and Interim Director of the CRFG, Ireland</i>)</p>
14:40 – 15:00	<p>Cerebral microbleeds and anticoagulation after stroke: can they help to predict the risks of ischaemic stroke and bleeding</p> <p>Professor David Werring (<i>Professor of Clinical Neurology, UCL, London, Consultant Neurologist, University College Hospitals NHS Foundation Trust</i>)</p>
15:00 – 15:20	<p>Anticoagulation in acute cardioembolic stroke: what we know and what we need to do?</p> <p>Professor Jesse Dawson (<i>Professor of Stroke Medicine, University of Glasgow</i>)</p>
15:20 – 15:30	Questions and answers

Kindly sponsored by Bayer



14:15 – 15:30 Ludlow 3	<p>Parallel Session 2C High Scoring Abstracts</p> <p>Chair: TBC</p>
14:15 – 14:18	Welcome and introductions
14:18 – 14:30	<p>Do people with pre-existing cognitive impairments receive less stroke rehabilitation?</p> <p>Verity Longley (<i>PhD Student Faculty of Biology, Medicine and Health, University of Manchester</i>)</p>
14:30 – 14:42	<p>Pre-hospital stroke diagnosis in a UK centralised stroke system: mixed methods evaluation of current practice</p> <p>Dr Lisa Brunton (<i>Research Associate, University of Manchester</i>)</p>
14:42 – 14:54	<p>Risk of recurrent intracerebral hemorrhage and ischemic stroke after intracerebral hemorrhage: a multicentre prospective cohort study</p> <p>Dr Isabel Hostettler (<i>PHD, Department of Brain Repair and Rehabilitation, UCL Institute of Neurology and the National Hospital for Neurology and Neurosurgery</i>)</p>
14:54 – 15:06	<p>Timing of vision screening and assessment in an acute population</p> <p>Professor Fiona Rowe (<i>Professor of Orthoptics Department of Health Services Research, University of Liverpool</i>)</p>
15:06 – 15:18	<p>How do stroke survivors with communication difficulties manage life after stroke in the first year? A qualitative study</p> <p>Faye Wray (<i>Research Fellow Academic Unit of Elderly Care and Rehabilitation, Leeds Institute of Health Sciences, Bradford Institute for Health Research</i>)</p>

15:18 – 15:30	<p>SIAXI: Efficacy and safety of incobotulinumtoxinA for the treatment of sialorrhea in Parkinson’s disease (PD) and other neurological conditions: Results of a Phase III, placebo-controlled, randomized, doubleblind study Madhiha Choudhury (<i>Medical Scientific Liaison Manager, Merz Pharmaceuticals, Frankfurt Germany</i>)</p>
14:15 – 15:30 Atcham Suite	<p>Parallel Session 2D Making dysphagia less hard to swallow</p> <p>Chair: Professor Craig Smith (<i>Professor of Stroke Medicine, Manchester Academic Health Science Centre, University of Manchester and Salford Royal NHS Foundation Trust</i>)</p>
14:15 – 14:20	Welcome and introductions
14:20 – 14:35	<p>Dysphagia and oral care: challenges and solutions Professor Marian Brady (<i>Professor of Stroke Care & Rehabilitation, Nursing, Midwifery and Allied Health Professions Research Unit, Glasgow Caledonian University</i>)</p>
14:35 – 14:50	<p>Enteral feeding: managing problematic symptoms Professor Shaheen Hamdy <i>PhD FRCP</i> (<i>Professor of Neurogastroenterology, University of Manchester</i>)</p>
14:50 – 15:05	<p>Challenges for management: professional perspectives Dr Hazel Dickinson (<i>Senior Lecturer in Pre-Registration Adult Nursing, University of Central Lancashire</i>)</p>
15:05 – 15:20	Patient perspectives
15:20 – 15:30	TBC
15:20 – 15:30	Questions and answers
15:30 – 16:30	REFRESHMENTS & EXHIBITION – Hall 1
15:45 – 16:00	Meet the UK Stroke Forum Coalition in the Knowledge Hub
16:00 – 16:15	SOAPBOX SCIENCE – TBC
15:40 – 16:20 Ludlow 1 & 2	<p>RETAKE Investigator Meeting / RETAKE Trial (Invitation Only) Chair: TBC</p>
15:40 – 16:20 Ludlow 3	<p>DNA Lacunar 2 Investigators meeting Chair: TBC</p>
15:40 – 16:20 Atcham Suite	<p>Long Term Support - Stroke Association Chair: TBC</p>

Plenary 2

16:30 – 17:15
Ironbridge Suite

Princess Margaret Memorial Lecture

Chair: Professor Peter Langhorne (*Chair of UK Stroke Forum, Professor of Stroke Care, University of Glasgow*)

Welcome and prizes

Speaker: Professor Cath Sackley (*Head of Physiotherapy, Chair in Rehabilitation Deputy Head of Division in Health & Social Care Research, NIHR Senior Investigator, Kings College, London*)

Questions and answers

17:20 – 18:00
Ironbridge Suite

Satellite symposium: Boehringer Ingelheim

Chair: TBC

17:30 – 18:15
Ludlow 1 & 2

BASP AGM

Chair: Professor Thompson Robinson (*President of British Association of Stroke Physicians, Head of Department of Cardiovascular Sciences and Professor of Stroke Medicine, University of Leicester*)

17:30 – 18:30
Wenlock Suite

Stroke in LMICs UK Network Meeting

Chair: TBC

19:30 – Midnight

Conference Dinner - join us at the Telford International Centre for an 80's themed evening of dining and entertainment.

Main Conference Day 2 – Thursday 6 December

08:00 – 13:00

Registration and Exhibition Open – Hall1

Parallel Sessions 3

08:30 – 09:45
Ironbridge Suite

Parallel Session 3A

Vascular cognitive impairment: from causes and predictors to prevention

Chair: Professor David Werring (*Professor of Clinical Neurology, UCL, London, Consultant Neurologist, University College Hospitals NHS Foundation Trust*)

08:30 – 08:35

Welcome and introductions

08:35 – 08:55

Mapping vascular cognitive impairment: from early life to post-stroke dementia

Professor Joanna Wardlaw (*Professor and Honorary Consultant Neuroradiologist, Division of Clinical Neurosciences, University of Edinburgh*)

08:55 – 09:15

Improving small vessel health to prevent dementia: fact or fiction?

Professor Hugh Markus (*Professor of Stroke Medicine Honorary Consultant Neurologist, University of Cambridge*)

09:15 – 09:35

Predicting cognitive failure after stroke

Dr Eugene Tang (*NIHR Doctoral Research Fellow, Newcastle University*)

09:35 – 09:45

Questions and answers

08:30 – 09:45
Ludlow 1 & 2

Parallel Session 3B

Life After Stroke: In for the long haul

Chairs: Professor Audrey Bowen (*Stroke Association /John Marshall Memorial Professor of Neuropsychological Rehabilitation, University of Manchester*) and Brin Helliwell (*Stroke Survivor*)

08:30 – 08:35

Welcome and introductions

08:35 – 08:55

Long-term priorities of stroke survivors, their families & health professionals: implications for future rehabilitation provision & supported self-management

Bridget Davis (*PhD Student, Glasgow Caledonian University*)

08:55 – 09:15

Vocational rehabilitation & return to work after stroke

Dr Kate Radford (*Associate Professor in Rehabilitation Research, University of Nottingham*)

09:15 – 09:35

Living life after stroke – the long haul for a (working age) stroke survivor's partner and family

Jenny Dibden (*Carer and Director of Science, Research and Innovation at the Department for Business, Energy and Industrial Strategy*)

09:35 – 09:45

Questions and answers

08:30 – 09:45
Ludlow 3

Parallel Session 3C

We don't always walk short distances in a straight line

Chair: Professor Gert Kwakkel (*Professor of Neurorehabilitation, Amsterdam University Medical Centre*)

08:30 – 08:35

Welcome and introductions

08:35 – 08:55

Gait training to improve balance

Professor Jon Marsden (*Professorship and Chair in Rehabilitation School of Health Professions, Faculty of Health and Human Sciences, Plymouth University*)

08:55 – 09:15

Walking adaptability is limited after stroke. Can it be trained?

Dr Kris Hollands (*Senior Research Fellow, University of Salford*)

09:15 – 09:35

Cardiorespiratory exercise: more to fitness training than just training fitness

Dr David Saunders (*Lecturer, University of Edinburgh*)

09:35 – 09:45

Questions and answers

08:30 – 09:45 Atcham Suite	<p>Parallel Session 3D Brag and Steal</p> <p>Chair: Claire Howard (<i>British and Irish Orthoptic Society Lead for Stroke and Neuro Rehabilitation</i>)</p>
08:30 – 08:33	<p>Welcome and introductions</p>
08:33 – 08:45	<p>Time to Stroke Unit – Reducing Delays and Barriers Dr Nadia Allan (<i>Northumbria Healthcare NHS Foundation Trust</i>)</p>
08:45 – 08:57	<p>Multi-professional stroke education improves outcomes for patients, staff and institutions- a ten year experience Dr Sunil Munshi (<i>Consultant Physician, Nottingham University Hospital</i>)</p>
08:57 – 09:09	<p>Adherence to the pre-hospital stroke pathway in Greater Manchester: analysis of a large HASU dataset and development of a smartphone app to improve compliance Chris Ashton (<i>Greater Manchester Stroke Operational Delivery Network, Manchester</i>)</p>
09:09 – 09:21	<p>Improving care of stroke patients feeding at risk using the FORWARD bundle Dr Anna Bahk (<i>Department of Ageing & Health, Guy's and St Thomas' NHS Foundation Trust</i>)</p>
09:21 – 09:33	<p>Mortality meetings – a resource for education and improving patient care Dr Lillian Choy (<i>Consultant Stroke Physician, St George's Hospital NHS Foundation Trust</i>)</p>
09:33 – 09:45	<p>A comparison of working hours and out of hours outcomes in a 24/7 thrombectomy centre Dr Liqun Zhang (<i>Consultant, St Georges University Hospitals NHS Foundation Trust</i>)</p>
<hr/>	
09:45 – 10:45	REFRESHMENTS & EXHIBITION – Hall 1
10:00 – 10:35	POSTER TOURS – Hall 1
10:20 – 10:40	SOAPBOX SCIENCE - TBC
<hr/>	
10:00 – 10:40 Ludlow 1 & 2	<p>Stroke Association Emerging Research Strategy</p> <p>Chair: Hilary Reynolds (<i>Executive Director, Strategy and Research, Stroke Association</i>)</p>
<hr/>	
10:00 – 10:40 Ludlow 3	<p>CONVINCE Investigators Meeting</p> <p>Chair: Dr Christopher Price (<i>Clinical Reader in Stroke Medicine, Newcastle University</i>)</p>
<hr/>	
10:00 – 10:40 Atcham Suite	<p>Nottingham Trials Unit meeting - DASH / TICH-NOAC</p> <p>Chair: Professor Nikola Sprigg (<i>Professor of Stroke Medicine, Faculty of Medicine and Health Sciences, University of Nottingham</i>)</p>

10:45 – 12:00 Ironbridge Suite	<p>Parallel Sessions 4A There's no place like home</p> <p>Chair: Professor Peter Langhorne (<i>Chair of UK Stroke Forum, Professor of Stroke Care, University of Glasgow</i>)</p>
10:45 – 10:50	Welcome and introductions
10:50 – 10:55	<p>An introduction to early discharge research Professor Peter Langhorne (<i>Chair of UK Stroke Forum, Professor of Stroke Care, University of Glasgow</i>)</p>
10:55 – 11:15	<p>Evaluating an extended rehabilitation service for stroke patients (EXTRAS trial) Professor Helen Rodgers (<i>President of British Association of Stroke Physicians & Clinical Professor of Stroke Care, Newcastle University</i>) and Dr Lisa Shaw (<i>Institute for Ageing and Health (Stroke Research Group), Newcastle University</i>)</p>
11:15 – 11:35	<p>Transforming community neurorehabilitation services across Greater Manchester Sarah Rickard (<i>Greater Manchester Stroke Operational Delivery Network Manager at Salford Royal Foundation Trust</i>) and Tracy Walker (<i>Community Clinical Lead, Greater Manchester Stroke Operational Delivery Network</i>)</p>
11:35 – 11:50	<p>The WISE study: What is the Impact of Stroke Early Supported Discharge Dr Rebecca Fisher (<i>Senior Lecturer, University of Nottingham</i>)</p>
11:50 – 12:00	Questions and answers

10:45 – 12:00 Ludlow 1 & 2	<p>Parallel Session 4B Towards the end of life: a positive approach to care</p> <p>Chair: Professor Gillian Mead (<i>Professor of Stroke and Elderly Care Medicine, University of Edinburgh</i>)</p>
10:45 – 10:50	Welcome and introductions
10:50 – 11:10	<p>Why do we need stroke-specific end of life care? Dr Clare Thetford (<i>Senior Research Fellow, Faculty of Health & Wellbeing, University of Central Lancashire</i>)</p>
11:10 – 11:30	<p>Outcomes, experiences and palliative care in major stroke Professor Gillian Mead (<i>Professor of Stroke and Elderly Care Medicine, University of Edinburgh</i>)</p>
11:30 – 11:50	<p>EnComPaSS (Enhanced Community Palliative Care Support Service) Professor Sue Mawson (<i>Professor of Health Service Research Director, NIHR Collaboration for Leadership in Applied Research and Health Care Yorkshire and Humber, Sheffield Hallam University</i>)</p>
11:50 – 12:00	Questions and answers

10:45 – 12:00 Ludlow 3	<p>Parallel Session 4C High Scoring Abstracts</p> <p>Chair: Professor Cath Sackley (<i>Head of Physiotherapy, Chair in Rehabilitation Deputy Head of Division in Health & Social Care Research, NIHR Senior Investigator, Kings College</i>)</p>
10:45 – 10:48	Welcome and introductions
10:48 – 11:00	<p>Swallowing therapy for dysphagia in acute and subacute stroke: Review – Cochrane Collaboration</p> <p>Lisa Everton (<i>Stroke Trials Unit, Division of Clinical Neuroscience, University of Nottingham, City Hospital</i>)</p>
11:00 – 11:12	<p>Outcomes after thrombectomy for basilar artery thrombosis in Belfast: a single centre experience</p> <p>Dr Timothy Atkinson (<i>Stroke Medicine Royal Victoria Hospital, Belfast Health and Social Care Trust</i>)</p>
11:12 – 11:24	<p>Self-management for stroke survivors with communication difficulties: Designing an intervention to support longer-term adaptation and adjustment</p> <p>Faye Wray (<i>Research Fellow Academic Unit of Elderly Care and Rehabilitation, Leeds Institute of Health Sciences, Bradford Institute for Health Research</i>)</p>
11:24 – 11:36	<p>Ischaemic stroke despite oral anticoagulant therapy in patients with AF – what is the risk of recurrent events and how to prevent further events?</p> <p>Dr David Seiffge (<i>Stroke Research Group, UCL Institute of Neurology and The National Hospital for Neurology and Neurosurgery, Queen Square, London</i>)</p>
11:36 – 11:48	<p>Developing a theory and evidence-based intervention for carers of stroke survivors using an Intervention Mapping approach</p> <p>Dr Jessica Hall (<i>Academic Unit of Elderly Care and Rehabilitation, Bradford Teaching Hospitals NHS Foundation Trust and University of Leeds</i>)</p>
11:48 – 12:00	<p>The effect of high repetition reaching training early after stroke on cortical connectivity and impairment</p> <p>Dr Ulrike Hammerbeck (<i>Research Physiotherapist, University of Manchester</i>)</p>

10:45 – 12:00 Atcham Suite	<p>Parallel Session 4D Aphasia and communication</p> <p>Chair: Professor Marian Brady (<i>Professor of Stroke Care & Rehabilitation, Nursing, Midwifery and Allied Health Professions Research Unit, Glasgow Caledonian University</i>)</p>
10:45 – 10:50	Welcome and introductions
10:50 – 11:10	<p>What does recovery after stroke look like – evidence from the REhabilitation and recovery of peopLE with Aphasia after StrokeE (RELEASE) study</p> <p>Dr Myzoon Ali (<i>Senior Research Fellow, Nursing, Midwifery and Allied Health Professions Research Unit (NMAHP RU)</i>)</p>
11:10 – 11:30	<p>Delivery of long term self-managed speech and language therapy interventions for aphasia: Findings from the Big CACTUS study of computer based word finding therapy</p> <p>Dr Rebecca Palmer (<i>Reader in communication and stroke rehabilitation, University of Sheffield</i>)</p>

11:30 – 11:50	<p>Enriching the communicative environment in routine Early Supported Discharge rehabilitation for people with aphasia: a role for the MDT Dr Ciara Shiggins (<i>Academic Fellow / Speech and Language Therapist, University of East Anglia</i>)</p>
11:50 – 12:00	<p>Questions and answers</p>
12:00 – 13:00	<p>LUNCH & EXHIBITION – Hall 1</p>
12:20 – 12:50 Ironbridge Suite	<p>Satellite symposium: Amgen</p>
12:20 – 12:50 Ludlow 1 & 2	<p>NIHR Clinical Trials Session Chair: TBC</p>
12:20 – 12:50 Ludlow 3	<p>Carers experience - through a carer's eyes Chair: Elaine Roberts (<i>Director of Stroke Support England, Stroke Association</i>)</p>
12:20 – 12:50 Atcham Suite	<p>PROHIBIT-ICH investigator's meeting Chair: Professor David Werring (<i>Professor of Clinical Neurology, UCL, London, Consultant Neurologist, University College Hospitals NHS Foundation Trust</i>)</p>
12:20 – 12:50 Wenlock Suite	<p>The LACunar Intervention Trial 2 (LACI-2) Investigator Meeting Chair: Professor Joanna Wardlaw (<i>Professor and Honorary Consultant Neuroradiologist, Division of Clinical Neurosciences, University of Edinburgh</i>)</p>
Plenary 3	<p>What's hot and what's next? Chairs: Professor Dame Caroline Watkins (<i>Chair Elect of UK Stroke Forum, Professor of Stroke and Older People's Care, University of Central Lancashire</i>) and Shani Shamah (<i>Service User Representative</i>)</p> <p>Welcome and prizes Professor Dame Caroline Watkins (<i>Chair Elect of UK Stroke Forum, Professor of Stroke and Older People's Care, University of Central Lancashire</i>) and Shani Shamah (<i>Service User Representative</i>)</p> <p>What's hot?</p> <p>The FOCUS (Fluoxetine Or Control Under Supervision) trial results: effects of a six month course of fluoxetine on the Stroke Impact Scale, Mood and Fatigue in patients with stroke Professor Gillian Mead (<i>Professor of Stroke and Elderly Care Medicine, University of Edinburgh</i>)</p> <p>Remote ischaemic Conditioning After Stroke Trial 2 (RECAST-2): a pilot randomised controlled phase II trial evaluating remote ischaemic conditioning (RIC) after hyperacute stroke Dr Timothy England (<i>Vascular Medicine, Division of Medical Sciences and GEM, School of Medicine, University of Nottingham</i>)</p>
13:00 – 15:00 Ironbridge Suite	

Singing for People with Aphasia (SPA): Results of a pilot randomised controlled trial of a group singing intervention to improve wellbeing

Dr Mark Tarrant (*Institute of Health Research and PenCLAHRC, University of Exeter Medical School*)

What's next?

Acute medical care

Dr Christopher Price (*Clinical Reader in Stroke Medicine, Newcastle University*)

Acute nursing care

Dr Eileen Cowey (*Lecturer, Nursing and Health Care*)

Rehabilitation

Professor Avril Drummond (*Occupational Therapist and Professor of Healthcare Research, University of Nottingham*)

Prevention

Professor David Werring (*Professor of Clinical Neurology, UCL, London, Consultant Neurologist, University College Hospitals NHS Foundation Trust*)

Patient support

Jane-Claire Judson (*CEO, Chest, Heart and Stroke Scotland*)

European Landscape - Action Plan for Stroke in Europe 2018-2030: A European Initiative (How does the burden of stroke in the UK compare to other areas of Europe)

Jon Barrick (*Stroke Alliance For European Burden of Stroke in Europe; SAFE project*)

Questions and answers

CONFERENCE CLOSES
